



# Longridge High School

Excellence and ambition from all, for all

## Careers Information

Year 10  
Work Experience  
19<sup>th</sup> May – 23<sup>rd</sup> May 2025

WORK  
EXPERIENCE

Our Year 10's have now completed their **Work Experience Programme**. Longridge High School and the Education Business Partnership (EBP) in collaboration with local businesses have all worked very hard to make this happen. We would also like to thank our Year 10 pupils for being so committed to the programme and for the effort that they have put into it. The feedback we have had from the pupils and the employers has been fantastic!

### Comments from some of our pupils.....

- ✚ Jessica and Roseanne are both enjoying the placement at Old Station Café and it is much better than school, cannot wait to work. 😊
- ✚ Amber is enjoying the placement at Little People at The Limes, but she knows now she does not want to work with children.
- ✚ Evie is thoroughly enjoying the placement
- ✚ Layla is thoroughly enjoying the placement; she has no issues at all
- ✚ Jessica she is enjoying the placement; she prefers working with the younger pupils at St Wilfrids Primary School.
- ✚ Eden is really enjoying herself and getting lots of opportunities to do to different things.



### Comments from the employer.....

- ✚ **Bespoke Barber** is really impressed with Alfie, he has been early every day and apart from the first day when they were asking him to do jobs he now comes in and gets on without asking. He is smart and presentable and interacted well with both staff and customers.
- ✚ **Donna at The Holiday Inn** all pupils turning up on time, smart and doing what is asked of them, they are in different department in the morning – Breakfast - Reception - Conference - Maintenance – Housekeeping. In the afternoon sessions they all meet as a group and do some activities together – Creating hotels and menus, the pupils all seem to be enjoying the placement.
- ✚ **Old Station Cafe** are very pleased with both girls, turning up on time doing everything that is asked. Taking orders, clearing tables, washing up and interacting with the customers.
- ✚ **Cottam Primary School**. Natasha has arrived punctually and smart, ready for the school day. She has completed jobs that I have asked her to. As the week continued, she started to use her initiative. She has played alongside the children, and they have responded well to her.
- ✚ **Ribbleton Avenue Primary School**. Kacy on day one, like any year 10 student was a little shy, unsure and apprehensive of the next 5 days. However, day by day I have had the pleasure of seeing her confidence grow as well as her personality shine through. Kacy manner with both staff and children is lovely and her work ethic is great. She has been working her little socks off and asked some lovely questions about the work we do which has shown her enthusiasm to embrace this work experience and getting out the most she can.
- ✚ **Grange Primary School**. Rowan is the best work experience pupil we have ever had.

Longridge High School would like to acknowledge and thank all the employers and businesses who have contributed, as well as EBP.



# Year 10 Taster Days

We have started the process of preparing our pupils for life post-16 and supporting them to make informed decisions about their futures. Our CEIAG programme for Years 10 and 11 aims to provide your child with all the information they will need to make choices about their future careers and the pathways needed to achieve their goals.

To help them with their decision making, we have arranged for all Year 10 pupils to visit at least three local colleges for 'Taster Sessions' in June and July 2025.

Pupils will be visiting the colleges below on the following days: -

Mon 23rd June	Runshaw College (selected pupils)
Tues 24 <sup>th</sup> June	Preston College
Tues 1 <sup>st</sup> July	Blackburn College
Thurs 3 <sup>rd</sup> July	Cardinal Newman College



## RUNSHAW COLLEGE

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Dear Parent/Carer,

We are delighted that your child will be attending their Year 10 Sampling Taster Day with us here at Runshaw. This special event is designed to provide Year 10 students with a glimpse of what life is like after high school and to help them explore the exciting opportunities that await them at college. You can see more using this link <https://vimeo.com/1077986814>

**Event Details:**

- **Date:** Monday 23 June
- **Time:** 9:00 AM to end of the school day
- **Location:** Runshaw College, Langdale Road, Leyland, PR25 3DQ

**Timetable for the Day:**

1. **Pick up from School (9:00 AM onwards)**
2. **Welcome Assembly and Registration (9:45 AM - 10:10 AM):** Our friendly Schools Liaison staff will greet students and guide them through the day's activities before they are taken to their first lesson. All students have selected the subjects they would like to take part in at a previous Sampling Assembly and a timetable created for them.
3. **Two Engaging Morning Lessons (10:20 AM - 12:10 PM):** Our teachers will lead all these fun, interactive sessions, allowing students to experience Runshaw's teaching firsthand.
  - o 10:20-11:10 Lesson 1
  - o 11:20-12:10 Lesson 2
4. **Lunch (12:10 PM - 1:00 PM):** Students will all receive a lunch voucher and enjoy a delicious lunch in one of our Campus restaurants, giving them a (literal!) taste of college dining.
5. **One Engaging Afternoon Lesson as per the morning (1:10 PM - 2:00 PM)**
6. **Farewell Assembly and catching the bus back to School (2.15 PM onwards)**

**Purpose of the Taster Day:** Our goal is to inspire and inform students about the exciting academic and extracurricular opportunities available at Runshaw College. By participating in the taster day, your child will gain insights into their potential career, meet fellow students from other High Schools as well as Runshaw, and get a feel for our vibrant campus community.

All our staff and student ambassadors are committed to ensuring a wonderful and memorable experience and cannot wait to welcome your child and their school. Please feel free to reach out directly to me using the contact information below if you have any questions or need any additional information.

With Warmest Regards,

*G. Cahill*

**Gillian Cahill**  
Senior Admissions Tutor  
T: 01772 643000  
E: [Cahill.G@runshaw.ac.uk](mailto:Cahill.G@runshaw.ac.uk)

**LEYLAND CAMPUS**  
Langdale Road, Leyland, Lancashire PR25 3DQ  
Tel: 01772 622677 Fax: 01772 456260 [www.runshaw.ac.uk](http://www.runshaw.ac.uk)

# College Application -Year 11s – It's time to accept your offers!

We encourage all pupils to accept all their places at all the colleges they have applied to.



Step by step guide - <https://bit.ly/44hhDmW>

For any issues with logging into your account:

1. Make sure you are using the email address you applied to Preston College with.
2. Follow this link [Login](#)
3. Click reset your password, add your email address and submit and then check your emails. You will have a reset password link from Preston College.
4. Once reset you will be logged into your account.
5. Check to see if your offer is on the homepage. If it isn't then all personal details need fully completing and saving. This will then allow you to see your offer.

## Applied to Blackburn College?

Secure your place and  
accept your offer now.



Scan the QR code to  
log into the portal



**CARDINAL  
NEWMAN  
COLLEGE**

## Application Journey

Applicants who have applied early will receive an early conditional offer of a place at Newman.

You need to log into the 'Newman Portal' (details of how to do this will be in your offer email) and accept your place at Cardinal Newman!

### **N.B. You can accept your place at multiple Colleges.**

Once you have accepted your place at Cardinal Newman, you will be invited to NewmanFest, which takes place on the 30th June 2025 after GCSE exams.

This is a great opportunity for you to come and spend the day at the College and try out your subjects before you enrol with us in August. You will be given the opportunity to try out three subjects which is especially helpful if there are any subjects that you are undecided about. You will also get the chance to meet the teachers, find out more details about the subjects and have the opportunity to ask any questions you may have.

You can also meet some of your soon-to-be classmates and begin making friends, as well as enjoy campus life, try some of our delicious food and explore the College grounds. If you have accepted your place at Cardinal Newman, you will receive an email during July to book an enrolment appointment, for an online enrolment appointment which takes place on GCSE results day and the following day.

<https://www.cardinalnewman.ac.uk/apply-now/application-journey>



*One of the biggest days out in  
Lancashire's outdoor events  
calendar is back on  
**Sunday, June 8, 2025!***

Come and enjoy an action-packed family fun day out, including an array of demonstrations, shows and interactive activities from the college's many diverse subject areas as well as food, drink and live music and entertainment. Prospective students also get the chance to see the beautiful campus at its best and chat with tutors and staff from each area.

Attractions for 2025 include:

- *The return of the ever-popular Sheep Show and Dog & Duck Show!*
- *Live motorsport action including the 2Bros Racing Stunt Team*
- *Steve Colley stunt display bikes*
- *Farmyard animal marquee - come and meet the college livestock!*
- *Army climbing wall*
- *Fun fair\**
- *An exhilarating 4X4 Land Rover off-road experience\**
- *Tractor rides to our Lodge Farm for guided tours*
- *Horse Logging demonstrations*
- *Live music in Myerscough Gardens featuring Hayden Owen, Will Procter, and more.*
- *Airgun Training and Education Organisation with a have a go activity area\**
- *Blackpool Sporting Clays - Clay Pigeon Shooting\**
- *Golf and Football competitions*
- *Sheep shearing demos*
- *Sheep Dog Trial demo, hedgelaying, beekeeping, Young Farmer Clubs Tug O'War contest*
- *Basketball Exhibition Match - two of our current National Champion sides showing their skills*
- *Food, drink and craft stalls*
- *Thwaites Dray Horses*
- *National Tree Climbing Competition GRAND FINAL, plus a chainsaw demo*
- *Equestrian arena shows & demonstrations*
- *Farriery demonstration in our forge*
- *Sports Zone - putting competition, longest drive, beat the keeper and more*
- *Basketball national champions exhibition match*
- *Countryside and conservation arenas*
- *Full catering, refreshments and licenced bar*
- *Animal action and Veterinary Nursing events*
- *Getting up close to the small and large pets and livestock*
- *Viewing the motorsport, farm machinery and vehicle displays*

(\*Additional cost)

ANY YEAR 11 that has applied to Myerscough will receive an emailed invitation to claim a FREE family pass.

[Myerscough College Open Day and Country Fair | TryBooking United Kingdom](#)

# School Leavers – Welcome to Your Subject Choice Day!

We cannot wait to welcome you to our campus where you will have the opportunity to meet your teachers and staff here at Runshaw.

Your Subject Choice Days will run on Monday 7th, Tuesday 8th & Wednesday 9th July. Click below to find out more and book your place.

[Book for Monday 7th July \(A Level\)](#) | [Book for Tuesday 8th July \(T Level & Vocational\)](#) | [Book for Wednesday 9th July \(A Level\)](#) | [Find out more](#)

**Registration is now open.** We cannot wait to welcome our Chorley, South Ribble & Preston schools to our beautiful woodland campus and have the opportunity to meet your teachers and staff here at Runshaw College! The day will run from 10am – 4pm

**Monday 7<sup>th</sup> July** <https://runshaw.ac.uk/subject-choice-days/monday/> (A Level)

**Tuesday 8<sup>th</sup> July** [https://runshaw.ac.uk/subject-choice-days/tuesday/\(T Level & Vocational\)](https://runshaw.ac.uk/subject-choice-days/tuesday/(T Level & Vocational))

**Wednesday 9<sup>th</sup> July** [https://runshaw.ac.uk/subject-choice-days/wednesday/\(A Level\)](https://runshaw.ac.uk/subject-choice-days/wednesday/(A Level))



## A Level Courses

Our A Level Programme will help you achieve your potential and acquire the skills that will equip you to achieve your goals and ambitions.



## Vocational Courses

Runshaw has a fantastic range of Vocational/BTEC courses giving you an interesting and exciting route to university or employment.



## T Level Courses

Equivalent to 3 A Levels, T Levels offer a work focused experience which combines academic study of the highest quality with industry related skills.



## Apprenticeships

Gain the skills and knowledge you need to succeed while working and earning. Our programmes will take your career to the next level.

**N.B. You can accept your place at multiple Colleges.**

# GET IN TOUCH

Armed Forces Careers Office Preston  
54 Fishergate, Preston, Lancaster, PR1 8BH  
01772 203030  
rg-accprestongroupmail@mod.gov.uk

START YOUR JOURNEY >



FIND A RECRUITMENT CENTRE >



## [Starting your Army Application](#)

**THE ARMY  
INVESTS IN  
ITS PEOPLE**

Connect with soldiers and officers who are eager to share their experiences and answer all your questions about the exciting life in the Army!

ASK A SOLDIER >

[Ask a Soldier - Army Life Firsthand Insights & Advice | Army Jobs](#)

## JAGUAR LAND ROVER RETAIL APPRENTICESHIPS

Jaguar Land Rover is a company that brings together two much loved, highly prestigious British car brands. We are looking for people who share our passion to join our highly successful Retail Apprenticeship Programme.

Stretching the length and breadth of the UK, there are a variety of exciting and challenging apprenticeship opportunities across the network that support our people to reach their full potential.

Jaguar Land Rover have ambitious growth plans and recognise the importance in identifying talented people to become the next generation of professional retailer employees.

## THREE APPRENTICESHIP SPECIALISMS

Our Apprenticeship Programmes are an excellent way of ensuring that we identify and nurture the best talent. Apprentices bring a great deal to our business and we are delighted to be able to offer Apprenticeships across three specialisms:

- Light Vehicle Maintenance and Repair (3-year technical programme)
- Customer Service (1-year commercial programme)
- Vehicle Parts (1-year commercial programme)

Apply NOW: - [Apply Now - Jaguar Land Rover Retailer Apprenticeships](#)



The ASK programme is designed to give schools, colleges and other establishments across England free support to develop and transform how pupils, teachers and parent think about apprenticeships. Our intention is to continue establishing Work-Based Learning as a valid and recognised route of choice including Higher Education and continued career progression.

[Apprenticeships - Amazing Apprenticeships](#)

Welcome to the May edition of Choices Magazine.

Choices magazine is the ultimate parent and carer guide to apprenticeships and technical education!

In May's edition, find out what it's like to step into a corporate role at Lloyds Banking Group and hear first-hand experiences from two hairdressing apprentices. Find out why it's not too late to secure a role this summer and how you can make an impact through an apprenticeship at your local council. We share a parent's view of supporting two very different apprentices, highlight the growing world of green apprenticeships and bust some common myths about careers in logistics!

[Choices Magazine - May Parent & Carers Guide - Amazing Apprenticeships](#)

Subscribe here to get future editions of Choices magazine sent directly to your inbox.

[NEWSLETTER - Amazing Apprenticeships](#)



## MONTHLY APPRENTICESHIP

### VACANCIES MAILING

Amazing Apprenticeships' monthly vacancies newsletter showcases exciting and current vacancies that are available for individuals to apply for immediately. Every edition features a wide range of vacancies with employers across the country.

[Subscribe to Choices](#)



We have so many Apprenticeship opportunities for you right here! Are you interested in one or more of the apprenticeship vacancies visit: -

<https://www.training2000.co.uk/apprenticeships/vacancies>

**Training 2000** is a training provider offering business solutions, commercial courses and Apprenticeship programmes. In 2017, Training 2000 became part of the University of Central Lancashire (UCLan) meaning that apprentices have a direct progression pathway to a Degree Apprenticeship. Our main campus is based in Blackburn, with others located in Preston.

We have a reputation for delivering Traineeships and Apprenticeships. Each year we train over 2000 learners across our programmes, helping them gain valuable qualifications, work experience and getting them on the right path to start their chosen career.

We have developed strong and long-term relationships with businesses across the globe. We work closely with them as their trusted training provider to deliver bespoke commercial training courses and Apprenticeships. We aim to understand our customers' needs and to develop training solutions that will meet their needs.

When developing training solutions we work with our customers and continuously measure success throughout. We've gained a prestigious reputation in training design and delivery with experience in multiple sectors.

Training 2000, where your future matters. [www.training2000.co.uk/](http://www.training2000.co.uk/)



# The Insurance Institute of Liverpool

Chartered Insurance Institute

On behalf of the Insurance Institute of Liverpool, the Chartered Insurance Institute (CII) is pleased to invite your students to attend the upcoming Careers Day on Wednesday, 3rd July 2025, hosted at the RSA offices on Old Hall Street, Liverpool.

## What to Expect:

- Insight into the diverse roles across Insurance and Financial Services
- Opportunities to network with professionals from across the sector
- A fun-filled and educational day aimed at helping students make informed career decisions
- Lunch and refreshments provided (please notify us of any dietary requirements)

## Who Should Attend?

The event is suitable for students considering their next steps—whether they're exploring further education, training, or employment—who are curious about the dynamic opportunities in Financial Services.

## Event Details:

- Date: Wednesday, 3rd July 2025
- Venue: RSA Offices, Old Hall Street, Liverpool
- Cost: Free of charge
- Capacity: Limited to 40 places to ensure a high-value experience for attendees

## How to Book:

Each student must book their own place via our booking system here: [IIL Careers Day - 3rd July 2025](#).

There is no charge for attending the event.

There is a limit of 40 places for this event to ensure that those attending have a valuable and worthwhile experience.

## Venue:

RSA, Crosby Room, Ground Floor, Capital Buildings  
Old Hall Street  
Liverpool L3 9PP



# JOB OF THE WEEK

## OPHTHALMOLOGIST

ANNUAL SALARY

£22,548 to £45,838

Orthoptists work with a team of specialists to diagnose and treat eye problems

### In your day-to-day duties you could:

- Diagnose squints, lazy eyes (amblyopia), reduced or double vision, and disorders due to injury or illness
- Manage conditions like glaucoma, cataracts, stroke, retinal disease and neurological disorders
- Carry out vision tests on children
- Suggest treatments like eye patches, eye exercises, contact lenses or low vision aids
- Refer to another specialist or a surgeon
- Work within a team of other healthcare professionals, like ophthalmologists (eye surgeons), optometrists (who prescribe and dispense glasses and lenses) and vision scientists

### What skills are required?

- The ability to work well with others
- Sensitivity and understanding
- Patience and the ability to remain calm in stressful situations
- To be thorough and pay attention to detail
- Thinking and reasoning skills
- Knowledge of medicine and how the human body works
- To enjoy working with other people
- Knowledge of English language
- Excellent verbal communication skills
- To be able to use a computer and the main software packages competently

**Career Path & Progression** - With experience, you could become a specialist orthoptist, for example, working with people affected by stroke, or dealing with children. You could become a head or consultant orthoptist, and manage a team or department. You could also take further qualifications and move into research or teaching, or work in private practice and set up your own clinic.

<https://youtu.be/29EjSmyVEjw> Orthoptists

[Careerpivot: Job sectors: Medical: Job profiles: Orthoptist](#)

### Working Environment.

You could work in an NHS or private hospital or in the community.

### Working Hours

- ❖ 37 to 39 a week
- ❖ You could work: evenings; flexibly

### You can get into this job through:

- a university course

You'll need to get a degree in orthoptics, approved by the Health and Care Professions Council.

There's a lot of competition for places on the orthoptics degree courses, so you'll need to show an understanding and commitment before you apply.

You'll find it helpful to get some paid or voluntary experience in your local orthoptic department before you apply for a course.

You could contact the head orthoptist or the voluntary services co-ordinator at your local NHS trust for further advice.

The British and Irish Orthoptics Society can provide information on work shadowing opportunities.

As well as a student loan, you may be able to access elements of the NHS Learning Support Fund, which can cover hardship, travel and childcare costs.

### You will usually need:

5 GCSEs at grades 9 to 4 (A\* to C), or equivalent, including English, maths and science  
3 A levels, or equivalent, including at least 1 science

**For more information speak to a Career Adviser or your local colleges.**