



Longridge High School

Excellence and ambition from all, for all

VIRTUAL WORK EXPERIENCE FOR STUDENTS

VIRTUAL

Energise Your Career & Develop Key Skills with Work Experience from EDF



Energise your career and develop key skills with virtual work experience from EDF. This on-demand virtual work experience includes an introduction to EDF and the different career opportunities that you could explore within the energy sector.

Dive into the importance of renewables, discover the importance of technology and innovation, and learn what employability skills will make you stand out.

Course modules include:

- Introduction to EDF
- Renewable Energy
- Nuclear Energy
- Commercial, Finance & Supply Chain
- IT, Digital, Data & Tech
- Early Careers & Pathways
- Employability



The programme is open from June 2024 to June 2025 and is available to anyone aged 14+ based in the UK and includes a certificate of completion.

Find out more:-

[Energise Your Career & Develop Key Skills with Work Experience from EDF | Springpod](#)

With England off to a solid (if slightly nerve-wracking) start in the Euros, football fever is upon us! Today, we're focusing on how you can launch a career in Sport and Fitness – with a special focus on footballing careers.

Sport & Fitness

Whether you want to play or help others get involved, jobs in sport & fitness will always keep you on your toes.

For every professional athlete that steps out onto the field, there are scores of other people supporting them to train and keep healthy. And, from the journalists who bring us close-up shots of the action to the organisers and managers getting spectators in their seats, there are plenty of people making sure that the spotlight shines on sport.

Many careers in sport & fitness also focus on promoting healthier lifestyles and sports more widely amongst the general public. These roles are essential in making sure that people everywhere have access to sports facilities and the knowledge to train and stay fit.

What sport and fitness jobs can I do?

- Athletes
- Coaches
- Club/event managers and coordinators.
- Instructors
- PE teachers
- Nutritionists
- Outdoor activity leaders
- Personal trainers
- Physiotherapists
- Sports development officers
- Sports journalists and presenters - If you're considering a [career in sports journalism](#), check out our 60 Second Interview with a real sports journalist.
- There are lots of jobs available in marketing, admin, finance and maintenance at sports clubs.



How can I start a career in sport and fitness?

You don't necessarily need a degree to land a great job in sport, but competition is high and you must show your commitment to all things sporting, so get involved playing, volunteering and assistant coaching as soon as you can. A school team is a great place to start!

- Aim for grade 4-9 in maths and English. Take PE and biology, especially for coaching and healthcare roles.
- At A-level, take PE and biology and consider a health and social care qualification.
- Apprenticeships and vocational
- Qualifications include an NVQ in sport, active Leisure and wellbeing, a BTEC in sport, or a certificate or diploma in outdoor activities.

You can find out more about this course.

[Sporting excellence professional \(level 3\) - apprenticeship training course \(education.gov.uk\)](#)

GROW YOUR STRENGTHS WITH CHOOSE YOUR NCS EXPERIENCE



Year
11

AWAY FROM HOME
EXPERIENCES

ONLINE EXPERIENCES

LOCAL COMMUNITY
EXPERIENCES

NCS is where young people can find their strengths and become world-and work-ready.

Find out more about how NCS can help young people grow and develop today.

You can do NCS your way. Go away from home for five days (and four nights), stay local to you, or do NCS online from the comfort of your sofa. If you're ready to start growing your strengths, then grab your place today. <https://wearencs.com/experiences>

Year 10 College

TASTER DAY

Pupils will be visiting the colleges below on the following days: -

Mon 1 st July	Preston College
Tues 2 nd July	Cardinal Newman College
Wed 3 rd July	Blackburn College



Amazing Apprenticeships is a leading organisation in the education sector, working with schools, colleges and employers, tackling misconceptions and promoting the benefits of apprenticeships and technical education.

As experts on apprenticeships and technical education, we influence the way that apprenticeships are perceived and drive forward innovative and creative work in England and internationally, to ensure that more individuals and businesses can access the benefits of apprenticeships. We have already brought about a huge culture change amongst schools in the way that apprenticeships are perceived and promoted to students... but there is always more to do! [About ASK - Amazing Apprenticeships](#)

This month's edition of the Parents & Carers Pack. <https://www.apprenticeships.gov.uk/influencers/support-for-parents-and-guardians>

Read about the experience of an apprentice Veterinary Nurse and the Animal Care T Level in this month's edition of the Parents and Carers pack. You can also find out more about exciting apprenticeships in the Royal Signals, Tesco's Stronger Starts apprenticeship programme, Protected Services and much more.

PRESTON COLLEGE

APPRENTICESHIP OPEN EVENT
MONDAY 1 JULY 4-7PM

REGISTER TODAY!

PRESTON COLLEGE

T 01772 225768
E appsinfo@preston.ac.uk
W www.preston.ac.uk/apprenticeship-open-event-2024

Join us at **Preston College** for an exciting opportunity at our upcoming Apprenticeship Open Event! Discover a pathway to success as we showcase a full range of apprenticeship opportunities tailored to kick start your career journey. Meet industry professionals, speak to the employers we work with, and gain an insight into the invaluable benefits of apprenticeships! Mark your calendars and seize the opportunity to shape your future at our Apprenticeship Open Event!

[Apprenticeship Open Event 2024 - Preston College](#)

Earn while you learn!

Apprenticeships are open to anyone of working age (subject to eligibility checks)

Interested in an apprenticeship? Leaving school or college? Or wanting to switch industries and advance your career? Then check out Runshaw's exciting apprenticeship opportunities

<p>Apprenticeship Recruitment Business Administrator L3 Medical (Ref: BA03) Service Care Solutions - Preston - £336.18 per week</p>	<p>Early Years Apprentice level 2 or 3 (Ref: CC08) Gelston Manor Day Nursery Chorley £5.28 per hour</p>	<p>Apprentice Resourcer Level 3 (Ref: BA86) Perfect Recruitment Ltd - Chorley £5.28 plus bonus</p>
<p>Customer service L2 Apprentice Shipping Specialist - InXpress Preston (Ref: CS03) £200 per week</p>	<p>Apprentice Teaching Assistant L3 Ribbles Autism School (Ref: TA02) £8 per hour</p>	

Upskill in your existing role with an apprenticeship (subject to eligibility checks)

More vacancies

If you have any questions or want to apply now please contact us either by email at apprenticeships@runshaw.ac.uk or call us on 01772 643008

The majority of our apprentices are not required to come to college, our programmes are delivered in the workplace.

RUNSHAW COLLEGE

Runshaw College, we work with hundreds of partner employers in a variety of sectors who are always on the lookout for new talent! We offer apprenticeships in areas such as Accounting, HR, Leadership & Management, Childcare and Business.

Full vacancy details can be found here:
[Live Apprenticeship Vacancies](#)



Apprenticeships

Learn a skill and earn a wage with an Apprenticeship.

Blackburn College has a rich history in providing people with Apprenticeships to give them their first step into an exciting career. We have a dedicated business development team working with employers to offer the best Apprenticeship opportunities for our students. We also have a fleet of training advisors who will work with you to get the most out of your Apprenticeship training!

Why Blackburn College?

Not only do we offer the professional standard you can expect from a training provider, but we also offer the student benefits and support you would expect from a college. <https://blackburn.ac.uk/study/apprenticeships>

More information: -

- [Life as an apprentice](#)
- [Qualifications explained](#)
- [Meet our apprentices](#)
- [Before your first day](#)

JOB OF THE WEEK



ANNUAL SALARY

£19,000 to £35,000

Recycling officers promote recycling in the community and run local recycling schemes. In your day-to-day duties you could:

- ✚ Manage local recycling facilities and collection services.
- ✚ Report on and monitor recycling services.
- ✚ Assess tenders and manage contracts.
- ✚ Manage budgets and fund applications.
- ✚ Manage and promote local sustainability projects and initiatives.
- ✚ Provide advice on waste management and recycling issues.
- ✚ Investigate complaints.
- ✚ Recruit and train volunteers.

What skills are required?

You will need:

- ✚ Leadership skills.
- ✚ Customer service skills.
- ✚ The ability to work well with others.
- ✚ Business management skills.
- ✚ To be thorough and pay attention to detail.
- ✚ To be flexible and open to change.
- ✚ Maths knowledge.
- ✚ Knowledge of manufacturing production and processes.
- ✚ Excellent verbal communication skills.
- ✚ To be able to use a computer and the main software packages competently.

Volunteering and work experience

Paid or unpaid experience working in waste management, or on local recycling or environmental projects, can help you get started if you do not have a higher education qualification.

Career Path & Progression

With further study you could become a chartered waste manager. You could also move into freelance work as an environmental consultant. You may be able to apply for chartered environmentalist status. You can find out more about being a chartered environmentalist from the Society for the Environment.

[Careerpilot: Job sectors: Environment: Job profiles: Recycling officer](#)

<https://www.youtube.com/watch?v=b00sEai2UdU>

Working environment

You may need to wear safety clothing and use safety equipment. You could work in an office or at a waste recycling site. Your working environment may be outdoors some of the time.

Working Hours

- 37 to 39 a week
- You could work: evenings.

You can get into this job through:

- ✚ a university course.
- ✚ a college course.
- ✚ an apprenticeship
- ✚ volunteering
- ✚ applying directly

You could do a college course to learn some of the skills you need for this job, like a Level 3 Certificate in the Principles of Sustainable Waste Management.

Entry requirements - You will usually need:

4 or 5 GCSEs at grades 9 to 4 (A* to C), or equivalent, for a level 3 course.

Apprenticeships relevant to this role include:

- Level 3 Junior energy manager
- Level 6 Environmental practitioner
- Level 7 Sustainability business specialist degree apprenticeship

Entry requirements – You will usually need:

5 GCSEs at grades 9 to 4 (A* to C), or equivalent, including English and maths, for an advanced apprenticeship.

4 or 5 GCSEs at grades 9 to 4 (A* to C) and A levels, or equivalent, for a higher or degree apprenticeship.

For more information speak to a Career Adviser or your local colleges.