



Longridge High School

Excellence and ambition from all, for

Early Help Offer for Pupils and their families

At Longridge High School we understand that at times pupils may find themselves in adverse circumstances and needing extra help in achieving their best in school. We offer a number of measures to ensure that we are able to provide support as soon as a problem emerges, at any point in the child's life and for their families too. We work together as a team with pupils, their families, and other external providers to ensure that our pupils are equipped to overcome the challenges that they are facing.

Our Pastoral Leaders and their Pastoral Support Officers meet daily to discuss any concerns. Pastoral Leaders also meet with their tutor teams on a weekly basis. We have 31 members of teaching staff who fulfil the role of Form Tutor, with the intention that they will follow the form through from Year 7 through to Year 11, enabling staff to build strong relationships with the pupils in their tutor group.

The DHT and AHT meet with Pastoral teams weekly. These meetings enable all of our Pastoral team the time needed to discuss any pupil concerns and explore the best way to support them and make the changes necessary to improve their outcomes. Points of discussion in all pastoral meetings centre around how the child is presenting in school, any significant changes relating to attendance, punctuality, attitude to learning, friendships, issues within the family that we are aware of, any additional needs that pupils have, their general progress in school and what other support or agencies are involved with the child. These meetings enable staff to identify any pupils and families that would benefit from the school's early help offer and potential referrals to an external agency.

Our Pastoral team consists of the following members of staff: -

Mr Kieren Sutcliffe – Deputy Headteacher - Behaviour & Attitudes Lead and Attendance Lead
Mrs Kerrie Rogers – Assistant Headteacher - Designated Safeguarding Lead and Designated Teacher for CLA
Mr Jack Wright – Assistant Headteacher - Deputy DSL, Prevent Lead and CEIAG Lead
Mrs Sarah Flynn – Deputy Headteacher - Deputy DSL
Mrs Emma Place – Assistant Headteacher - Deputy DSL and Mental Health Lead
Mrs Rebecca Jackson – Year 7 Pastoral Leader
Mrs Rebecca Edwardson-Pye - Year 7 Pastoral Support Officer
Mr Will Davies – Year 8 Pastoral Leader
Mrs Julie Mills – Year 8 Pastoral Support Officer
Miss Kathryn Stemp – Year 9 Pastoral Leader
Mrs Emma Retford – Year 9 Pastoral Support Officer
Mr Max Cross – Year 10 Pastoral Leader
Mrs Susan McCann – Year 10 Pastoral Support Officer
Mr Jack Wright – Assistant Headteacher with responsibility for Year 11
Mrs Vikki Seaton – Year 11 Pastoral Support Officer

In addition to the staff listed above, we also have the following people who provide support in school for our young people: -

Mr Fergus Elder – SENDCo
Mrs Louise Heller – Assistant SENDCo
Mrs Jasbinder Singh – School Counsellor
Ms Aimee Booth - School Nurse Service (provided by Virgin Care)
Miss Emily-Jayne Unsworth – Compass Bloom Education Mental Health Practitioner
Vicki Wagstaff – PNECET Game Changer programme

All of our staff receive PREVENT training annually and Safeguarding updates are given on a regular basis, plus Keeping Children Safe In Education is covered each year with new additions to this or changes being highlighted to staff. This enables our staff to identify any pupils that they feel may be being exploited or suffering from abuse or involved in criminality/drugs.

Early Help Offer

To support our young people, and their families, below is a list of the interventions and services available to us to help them overcome any barriers that may be affecting their ability to learn and achieve at the level they are capable of: -

In school interventions

- Attendance monitoring and Attendance meetings to discuss barriers to your child attending school on a regular basis
- Behaviour ladder meetings to ascertain what is causing your child to gain negative behaviour points
- Behaviour monitoring cards
- In class support from PSO's and Teaching Assistants
- Behaviour support plans
- Off-site direction (formerly known as managed move)
- Section 19 provision
- Alternative provision
- Meetings with parents regarding punctuality
- Provision of equipment, uniform, bus fare, school meals where there is a need
- Homework club
- Careers interviews with independent careers adviser (provided by the Education Business Partnership. This is offered to pupils in Years 9 (to help with options), 10 and 11. All pupils will have at least one interview with SEND, CLA some PP and other vulnerable pupils offered more than one interview
- Screening for SEND
- Learning for Life programme – this incorporates all aspects of RSE, PSHE, Citizenship, Careers Education and Key Stage 4 RE. The programme aims to educate pupils about the wider world, how to keep themselves safe and how to make informed decisions
- Assemblies focussing on online safety and safeguarding

Pupil Welfare, Emotional Wellbeing & Mental Health Support

- Internal referral system for mentoring or counselling
- Referral to Compass Bloom
- Referral to PNE Game Changer programme
- Referral to PNECET Champions programmes
- Group work with Compass Bloom EMHP for emotional wellbeing
- School Nurse drop ins and regular appointments
- Peer ambassadors (Year 10 pupils providing social time activities for younger pupils)
- EBSA Toolkit/ATTEND Framework for pupils struggling to attend school due to mental health issues
- Mental Health Support Plan
- Risk Management plans
- Mental Health Level 3 First Aid trained staff
- One to one with Pastoral Support Officers
- Home visits
- Meetings with parents out in the community where transport is an issue
- Early Help Assessment

We also have close links with a number of external agencies who we often refer into to get support for pupils and their families: -

- CAMHS
- Barnados
- Key Charity
- Child Action North West
- Child & Family Well-being Service (CFWS)
- FIS Team
- NEST
- Children and Young People's Wellbeing Practitioner (CYWP)
- GPs
- Children's Social Care
- START (Specialist Triage Assessment and Referral Team)
- Action for Children
- Brook
- Eating Disorders Service
- PNE Children's Champions
- Educational Psychologist
- Local Food Banks
- Targeted Youth Support Workers
- Prevent/Channel

As a school we will assist parents with school uniform, applications for free school meals, food parcels and bus passes. Staff in school have also given support to parents when moving house in helping them to get furniture.

On the next page, I have provided a list of interventions and agencies that school work closely with and a description of what their service offers.

Description of interventions we use and agencies we work with

Counselling	Counselling is a talking therapy that involves a trained therapist listening to you and helping you find ways to deal with emotional issues. School have an independent counsellor, Jas Singh, who comes into school to work with both pupils and staff to develop strategies to help them cope with emotional difficulties.
Compass Bloom	Compass Bloom are a mental health support team for Central and West Lancs. Their Education Mental Health Practitioners come into school and work with children and young people to support them with their mental health needs. They are a low -intervention service, this means we work with children and young people with early signs of mental health challenges, or mild-moderate needs.
Emotionally Based School Avoidance	Emotionally Based School Avoidance (EBSA) is a term used to describe children and young people (CYP) who experience challenges in attending school due to negative feelings (such as anxiety). EBSA is commonly associated with emotional and physical distress, and a reluctance to attend school, which can lead to reduced attendance and further anxiety regarding school.
Child in Need plan	A child in need plan can be made if a child requires extra support or if parents are struggling to meet all of their child's needs.
Child Protection plan	The local authority may need to place a child on a child protection plan if they have concerns that a child may be at risk of harm.
Early Help Assessment	The Early Help Assessment, referred to as 'Your Family's' Early Help Assessment' is a tool used to support our work with families. It is designed to help agencies and local authorities work with families to identify their needs and plan appropriate responses.
Team Around Family	A Team Around the Family (TAF) is a meeting between a child, young person, their family and the group of practitioners who are working with them.
School Nurse Service	Our school nursing service carries out the National Child Measurement Programme and School Health Needs Assessments and also provides advice on health promotion and health issues for older children and teenagers. They also provide a drop in service for school aged pupils to be able to access a school nurse to discuss any issues they have without the need for a referral.
Child & Family Wellbeing Service	The Children and Family Wellbeing Service (CFW) offers a wide range of support across the 0-19yrs+ age range (25 years for SEND) with a 'whole family' approach.
Child and Adolescent Mental Health Service	The service identifies as early as possible when a child, young person or family needs support, helping them to access services to meet their needs, working with them to ensure the support offered is right for them, is offered in the right place, and at the right time.
Rapid Assessment and Community Rehabilitation Team	RAIST provide support for children and young people who are experiencing a mental health crisis, or those with severe and complex mental health needs who may require more intensive support. provide support for children and young people who are experiencing a mental health crisis, or those with severe and complex mental health needs who may require more intensive support.
Barnado's	Barnado's offer a wide range of support for children, young people and their families.
Spring North	Spring North is a regional charity working across Lancashire and South Cumbria to improve health and well-being and reduce health inequalities in some of our most deprived communities. We focus our efforts where they're needed most in places where people face barriers to good health, unable to access services, and improve opportunities to thrive.

NEST	To support victims of crime directly or indirectly or subjected to bullying (DA victims support groups also in school)
Prevent - Counter terrorism / radicalisation	The aim of Prevent is to stop people from becoming terrorists or supporting terrorism. Prevent also extends to supporting the rehabilitation and disengagement of those already involved in terrorism.
Channel - Supports at risk individuals highlighted through Prevent.	Channel is a multi-agency programme which identifies and supports at risk individuals, and which delivers this strategic aim of Prevent. Having identified an individual at risk, the Channel panel will assess the nature and extent of the risk, and subsequently develop the most appropriate support plan for the individual concerned.
Eating Disorder Team	The EDT offer support to people of any age, who have been diagnosed with/meet the diagnosis criteria for an eating disorder. This does vary slightly across each service, but predominantly we are able to offer support to people who meet the diagnostic criteria for Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder and Other Specified Food or Eating Disorder. We are not able to offer support to people with difficulties such as a phobia of vomiting, or picky eating.
We Are With You	'We Are With You' is a drug, alcohol and mental health support charity. They support pupils displaying risk taking behaviours and also support young people who are exposed to alcohol and substance abuse in their homes.
Winston's Wish	Winston's Wish provides free digital bereavement information and support for children and young people across the UK who are grieving the death of someone important to them.
PNE Community Education Trust Champions Programme	Champions is an innovative intervention programme supporting young people, aged 10-25 with experience of, or at risk of offending behaviours. Adopting a trauma informed approach, mentors give their time with genuine interest to create a trusted relationship and innovative interventions which promote personal development, wellbeing gains and consequently reducing their experience of offending and antisocial behaviours. The programme is confidential and non-judgemental. Mentors don't work for the police and aren't involved in criminal proceedings.
PNE Community Education Trust Game Changer Programme	Game Changer is a new, early intervention project focused on empowering young people aged 11-14 years who are facing challenges with their mental and emotional wellbeing to develop the skills, confidence, and resilience to thrive and live their best lives. The programme will offer accessible community-based provision that compliments CAMHS at a time when more young people are reaching out for support with their mental wellbeing than ever before in Preston and surrounding communities. The programme is delivered to those who are at risk of accessing CAMHS and often struggle to find support. PNE have strong partnerships with multiple agencies including Lancashire and South Cumbria NHS Foundation Trust, Preston City Council, Lancashire Mind, Secondary Schools, Preston Youth Zone and Lancashire Police / Violence Reduction Network (VRN).
Key Charity	Key Charity employees and volunteers are out and about in the community, working in schools, homes and community centres to improve people's wellbeing. They have particular expertise in working with young people to resolve family conflict or get them on a better path, whether that's via counselling or play therapy or something specific to developing their confidence and skills.