



Longridge High School

Excellence and ambition from all, for all

NEWSLETTER 15th March 2024



Congratulations to Year 9 student Will Pegrum who has signed a contract with PNE Academy. His hard work and resilience has paid off. Good Luck with the remainder of the season and your ongoing career.



Year 7 student Bella Marchant is excited that her sponsor package has arrived from the Little Princess Trust. Bella is fundraising for the trust by having her hair cut off.... watch this space for pictures of Bella after her haircut! Well done Bella! if you would like to donate to this wonderful cause which helps children with cancer please send money into school for Bella's fund. Thankyou.

Dear Parents/ Carers,

We have got quite used to the building work going on around us. Pupils are behaving very sensibly with the new restrictions on movement around the site in place, and I would like to thank John Turners for working along side the school so well. At Easter, we will be having phase one of fencing around the school. This will involve the front of the school having a fence around it, with gates for access onto the site from both car parks. This brings the school in line with schools across the county and country in terms of safeguarding, further ensuring the safety for all pupils and staff at the school.

Thank you for your continued support with uniform and mobile phones – the school council report that the enhanced approach to zero tolerance on mobile phones in school is having a positive impact. This includes no phones out at any time whilst on school site. It is lovely to see our pupils sat in the dining areas talking to each other with no technology in sight!

Looking ahead to September, children who are moving into Year 10, can choose to wear the KS4 jumper, which has silver piping around the collar. If they choose to wear this, they do not need to wear a blazer. Those opting not to go for this will continue to wear the blazer.

It was really good to see so many parents/ carers at last week's Year 11 Parents' Evening. As we move into the last few weeks of study before the GCSE examinations, staff continue to provide additional support in terms of lunch and after school sessions for pupils. A reminder that this Saturday is Science Super Saturday – this promises to be an excellent morning for all pupils. Please note we are unable to offer any revision classes over the Easter holidays due to the building works.

We are now six months in to being part of the Bay Learning Trust family of schools. As you may be aware, Barnacre Road Primary School recently joined the Trust too. Please click on the link to see the latest newsletter from the Bay Learning Trust – it will give you a flavour of the excellent work taking place in schools across the Trust.

As always, please get in touch if there is anything you want to ask.

Kind Regards Jane Green Headteacher



Just a reminder.....
School Closes at 3.05pm on Thursday 28th
March for Easter!



Music & Lyrics by
Kristen Anderson-Lopez & Robert Lopez

Book by
Jennifer Lee

Longridge High School's
production of

Disney
FROZEN JR.

TICKETS
SELLING
FAST

Based on the Disney film written by Jennifer Lee
and directed by Chris Buck and Jennifer Lee

Tuesday 23rd April 2024

Wednesday 24th April 2024

Curtain at 7pm

TICKETS : £7 Adults / £5 Concessions

Disney's Frozen JR. is presented through special arrangement with and all authorized materials
are supplied by

Music Theatre International, New York, NY

212 541 4684 mtishows.com

National Careers Week

National Careers Week
4th – 9th March

National Careers Week (NCW) is a one-week celebration of careers guidance and free resources in education across the UK. Our aim is to provide a focus for careers guidance activity at an important stage in the academic calendar to help support young people develop awareness and excitement about their future pathways.

We hope all of our pupils from Years 7 & 8 enjoyed the activities and that they have furthered their knowledge and understanding of certain types of careers, the pathways that can be followed and where to get advice or guidance, other than at school.

If anyone has any questions about CEIAG (Careers Education, Information, Advice and Guidance) at Longridge High School, please do not hesitate to contact Mrs Rogers or Ms Lovatt.

Thank you for participating!

All the activities that were planned for National Careers Week, and that go on throughout the year that are careers related, help us to achieve the Gatsby Benchmarks. These benchmarks, 'The Good Career Guidance Benchmarks', have been adopted as part of the Government's careers' strategy for schools and colleges to ensure every young person receives high-quality career guidance to make informed decisions about their future. Each benchmark is outlined right and shows what we must provide to ensure that our provision meets the standards.

THE GATSBY BENCHMARKS



A Stable
Careers
Programme



Learning from
Career &
Labour Market
Information



Addressing
The Needs of
Each Pupil



Linking
Curriculum
Learning
to Careers



Encounters
with Employers
& Employees



Experiences
of Workplaces



Encounters
with Further &
Higher
Education



Personal
Guidance

National Careers Week for Year 7 & 8

Year 7 & 8 had four different workshops all relating to different careers. We feel at Longridge High School it's never too early for pupils to start thinking about their futures and we hope to have inspired our young people to start thinking about what they would like to do in the future.



Dave Gilmore, Firefighter and Swift Water Specialist from Preston Fire Station visited school as part of National Careers Week. He delivered an 'Industry Insider' session, focussing on the life of a Firefighter and informed pupils what qualifications are needed. Pupils got the opportunity to ask questions about the many jobs within the fire service and tried out some of the kit that Dave Gilmore uses everyday.

Firefighting is a varied, rewarding and challenging role that involves far more than responding to fires. It offers a career to be proud of. With a structured career pathway and excellent training and learning opportunities, today's Firefighter could be tomorrow's Chief Fire Officer.

Dave Gilmore told pupils that these types of activities are vital as we want to educate the young people and show them the consequences of taking risks with fire or water safety. Dave concluded, "the pupils were interested, very engaged and asked lots of interesting questions."



Can you handle the pressure?

Firefighting was crowned the most-stressful job: -

- Hard things to experience
- Long Hours
- Shift Work
- Stress
- Physical Dangers

All firefighters have at least one story about a call that has really got to them.

Rewards of being a Firefighter

Firefighters are highly trained individuals who help extinguish fires, investigate the causes and develop strategies to prevent them. They primarily work with emergency medical technicians (EMTs) to rescue people from accident scenes and care for the injured.

- Saving Lives
- Maintaining physical fitness
- Team Building
- Job Security
- Good Pension





For nearly 60 years Young Enterprise has been working in partnership with schools to enhance and enrich curriculum learning allowing young people to discover, develop and celebrate their skills and potential. They believe that appropriate support, combined with meaningful learning opportunities, can change young people's futures.

The Westminster Foundation and Young Enterprise offer Longridge High School a selection of fully funded programmes to help provide our pupils with the opportunity to develop and apply an enterprising mindset needed to earn and look after their money and make a positive contribution to their community.

YOUNG ENTERPRISE & THE WESTMINSTER FOUNDATION PROGRAMMES AND SERVICES

skills necessary to make successful transitions to the next stage of their life. Through 'hands on' practical activities, expert trainers explore themes such as personal skills and talents, career choices, recruitment, job interviews, salaries, earnings, tax and the cost of living, financial planning and budgeting. Interactive activities provide pupils with the opportunity to learn about the job and career opportunities available, and to consider how their personal strengths and preferences may fit with different career paths.

In a rapidly changing world, young people need support to make informed choices about future careers more than ever. The 'Learn to Earn' session undertaken by Years 7 and 8 motivates pupils by encouraging them to consider financial plans for the future, set goals and think about their future study options. 'Learn to Earn' provides pupils with a clearer understanding of the routes to jobs and careers that they will find engaging and rewarding. It provides pupils with knowledge of the



Thank you to Glen and his team for an excellent programme which provided pupils with the knowledge, skills, and confidence to manage their money well.





We inspire the next generation of **medics and scientists**.

Andy and Rhiannon from Medical Mavericks came into school to do a 'hands-on' workshop where pupils could record pulse rates and print an ECG; use a real needle to take fake blood from a dummy arm; try keyhole surgery; see inside the body with an ultrasound machine where pupils can see their muscles, bones and growth plates; see their veins under a vein scanner and experience different eye diseases with pathology goggles.

Medical Mavericks focus on dozens of careers in the NHS to widen pupils' knowledge and understanding of the different careers in the NHS!

Medical Mavericks know the most common answer to 'what careers do you know about in the NHS?' comes with the answer: doctor, nurse, physio, dentist, midwife... or as we call it the Holy Quintet! In the workshop, pupils found out about these BUT they all learned about the lesser-known careers such as biomedical science, healthcare science, medical engineering, medical physics, physiology, bioinformatics and many more.

Every pupil received a 4-page workbook where they recorded results and checked off activities. Each activity included 2-4 different careers linked to them. The careers were colour coded too, so pupils could see which grades they need at GCSE! Pupils also



picked up a





PRESTON SCHOOLS' NETBALL TOURNAMENT 2024

The annual Preston Schools' Netball Tournament at Preston School brought together talented young athletes from Year 7 to Year 10 for a day filled with spirited competition and remarkable displays of skill. Teams from each year group showcased their prowess on the court, but it was the Year 8 Longridge High School girls who were the champions, claiming victory in the final match.

Tournament Highlights: The tournament began with high energy and enthusiasm as teams took to the courts, ready to battle it out for the title. Year 7 teams displayed promising talent, demonstrating their determination and eagerness to excel in the sport. Year 9 and 10 players showcased their experience setting the stage for intense matchups throughout the day.

Year 8: The Year 8 girls showcased exceptional teamwork, skill, and resilience. Led by their captain and fuelled by a collective determination to succeed, they navigated through the tournament with poise and determination. Their cohesive play and strategic manoeuvres led them to victory in the final match.

Conclusion: The Preston School's Netball Tournament was a testament to the dedication, talent, and sportsmanship of the participating teams. While Year 8 claimed the championship, all teams exhibited commendable effort and passion for the sport. The tournament not only provided an opportunity for students to showcase their athletic abilities but also fostered a sense of mutual respect among participants.